## Memorial Art Grief Therapy

Helps on your healing journey by creating memorial keepsakes while discussing your loved one(s) with a licensed mental health provider.

In 2 or more sessions you can choose your keepsake. I can help you make a memorial bookmark, paint a rock, paint a picture frame, make a memorial card, magnet, button, or even book (with more sessions).



Each session is tailored to your request.

This can involve you, your family, or friends, whoever you wish to be there (space limited).

Led by Judith Viers, LMSW.

Accepts Blue Cross, Blue Shield, Cigna, and CareFirst

Email healingheartsjudy@gmail.com\_ to schedule.

Located at Healing Hearts Carroll in Westminster, MD

Out of Network: \$150/ session as Workshop (non-clinical up to 5 participants)
Group Rate \$30/ participant (done one demand, 5 participants required)

Forever in Your Heart

Forever Changed Your Heart

"Goodbyes are not forever.

Goodbyes are not the end. They simply mean I'll miss you, until we meet again."



