## Healing Hearts Carroll 55 + Group Therapy



**Date:** 1<sup>st</sup> Friday of Every Month Starting November 1<sup>st</sup>, 2024

Time: 1pm-2pm

Where: Office 250 Englar Rd. Suite 10, Westminster, MD.

**Payment:** \$20/session self-pay Following insurances accepted:

- Medicare
- Medicaid
- United
- BCBS Carefirst Plans

Cigna

**Purpose:** To provide a therapeutic supportive environment for those struggling with life stress, anxiety, family concerns, isolation, and aging process.

PLEASE RSVP TO 410-294-9612 (text/call) OR healingheartscarroll@yahoo.com